

2022

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<https://vk.com/vodnevphotography>



**MURMANSK  
ARCTIC STATE  
UNIVERSITY**

## POST-ARRIVAL GUIDE

## Arrival to Murmansk

It is better to arrive Monday to Friday during the working hours from 9:00 to 17:00, so that university staff can meet you and assist with checking you in the university dorm. You can also get from the airport to the dormitory on your own by bus (40-150 ₺) or taxi (around 650-900 ₺).

- University address: Kapitana Egorova str., 15, Murmansk, 183038
- Dormitory address: Severny proezd, 3, Murmansk, 183038

See the map and directions at <https://masu.edu.ru/en/about/masu/> (How to find us section)

If you are traveling to Apatity, let us know in advance at the contact Emails



## Contact Information



Kapitana Egorova str., 15,  
Murmansk, 183038



**Admissions**  
priem@masu.edu.ru

**International Cooperation Office**  
international@masu.edu.ru



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## Dorm check-in

For successful check-in, please, prepare these documents in advance:

- 2 colored document photos (3\*4)
- Medical certificates with translation (Chronic diseases; photofluorography, HIV-negative certificate, Vaccination Records)

Then read the dorm's safety and conduct rules.



## Getting around

The dormitory is located in 15-20 minutes walking from the university. However, if in a hurry, you can take a bus back and forth (35 ₺ one way ticket)



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When in transport, you can either pay in cash, by card, or with an App (MirPay, SberPay. See restrictions of other Apps below). Also, you can buy a monthly unlimited transport pass at a discounted price for students (800-900 ₺).

Taxi services is another available means of transport. It is not common here to catch taxi in the street - most people use Apps, the most popular of which is **Yandex Taxi** (browse to download in English). This App automatically calculates the price of a trip depending on a distance. Taxis are paid with a money transfer, in cash, or automatically by App (card readers are not always available). **Note!** Drivers don't initially see the final destination, so may cancel their placement at anytime before you are inside the cab.



## Payments and banking

Once you come to MASU, we will help you to obtain a Russian bank card (based on the national payment system MIR). Currently, most VISA, Master Card etc. cards are not accepted in Russia, if they were issued in another country.

There are several possible ways of performing payment for goods and services:

- Cash in ₺ (you can change € or \$ in most bank offices)
- Money transfer (through cheques or Apps)

- Cards (card readers are available in most places)
- Payment Apps (with restrictions, see below)

	Android	iOS
Mir Pay	+ (MIR cards)	n/a
Samsung Pay	+ (MIR cards)	n/a
SBPay	+ (MIR cards except Alfa-bank, Tinkoff, Sber)	
SberPay	+ (Web-shopping)	n/a
Google Pay	currently unavailable	
Apple Pay	currently unavailable	



# Shopping



City Gourmet (food, consumer products more pricy, lots of imported stuff)



Okraina (local butchery)

**Chemists / pharmacies / drugstores** of various brands are also found everywhere and are usually marked with a green cross sign.

There are also several **big supermarkets** in the city, where you can buy everything (from food to furniture). Those are:



Lenta



Okey

In addition, there are at least 4 rather big **malls** with various stores and food courts in the city:

- **Murmansk Mall** (Prospekt Lenina 32)
- **Severnoe Nagornoe** (Prospekt Kolsky 158/1)
- **Plazma** (Rogozerskaya 4)
- **Forum** (Prospekt Kolsky 134)

There are hundreds of shops of various sizes in Murmansk where you can buy food, consumer products, clothes etc. There are at least 3 supermarkets close to the dorm (see 2gis and other map Apps for more info). Almost all shops are open from 9:00 to 22:00 (some work 24h). On average, students spend 7000-10000 ₺ a month on food and necessary goods or services. Below is the list of most popular shopping chains:



Pyaterochka (food, consumer products)



Magnit (food, consumer products)



Perekrestok (food, consumer products)



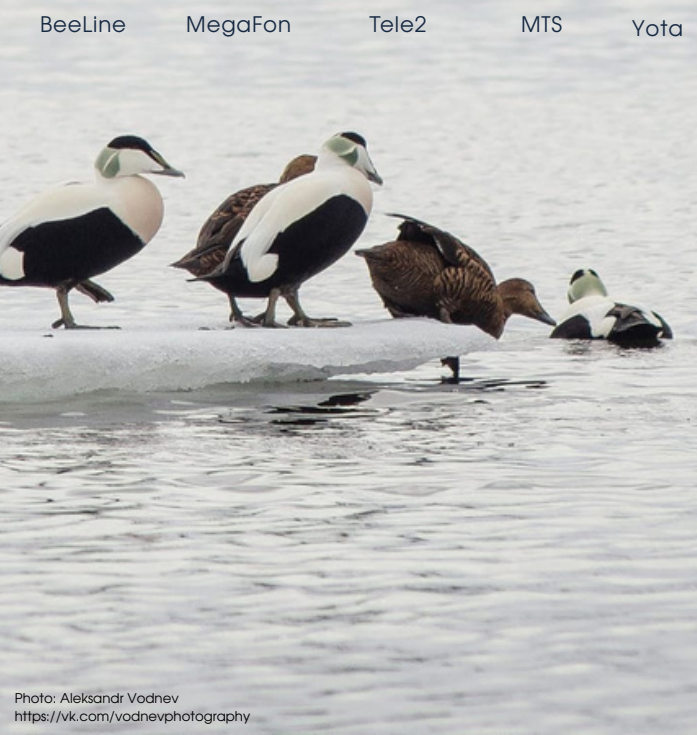
Ulybka Radugi (cosmetics, consumer products)



FixPrice (small low-cost everything)

# Mobile connection

To always stay in touch, do not forget to buy a SIM card from one of the Russian operators (see below). You can get acquainted with the service plans and costs at points of sale in any of the shopping centers of Murmansk.



# Document copies

For the periods of your registration in the Migration Police or visa extension, your documents are kept by the the International Cooperation Office. Therefore, students should keep printed and electronic copies of:

- Passport
- Visa
- Migration card
- Registration card (previous if available)

Copies must be prepared in advance (ask university staff for help or visit a copy center at str. Egorova, 14, office 102, first door on the left. The cost of 1 A4 sheet (print or copy) is 25 ₺, paid by card or in cash. Students can print out their papers and other documents there as well).



# Safety

As we already mentioned, Russia and Murmansk in particular are rather safe to be in, but follow the following rules:

- Fasten seatbelts when in transport
- Watch for your personal belongings
- Be careful at night and in desolated areas
- Russian traffic is right-handed, so look at right and left when crossing the street. Cross it **ONLY** at zebra, green light, and when all the cars stopped
- Be moderate if drinking alcohol
- Avoid taking any unknown substances
- Do not get involved in any kind of conflicts
- Pay attention to the expiry dates of foods you buy
- Obey silence rules from 22.00 to 10.00
- Remember emergency number: **112**

# Miscelanneous

- Before classes begin, check the timetable, classrooms, and names of professors at <https://masu.edu.ru/en/studies/timetable/>
- Never be late for classes unless there is an excuse
- Inform International Cooperation Office on your plans to travel anywhere
- Some asian foods and noodles can be found in stores like Perekrestok, Okey, Lenta, City Gourmet (see above), as well as specialized stores like "Asia Market" in the city center. Also, there are some asian-style restaurants (i.e. see Vietnam quisine at Murmansk Mall food court)
- There are numerous food-delivery services where you can order hot meals, pizza, burgers, such etc. Please, ask your mates for help to order.
- In summer, your can rent bicycles and electric scooters in the city center. Please, ask your mates for help.
- Alcohol is sold 11.00 to 21.00 for persons 18+. It is strictly prohibited to consume alcohol at the dorm or university premises.

# Compusory procedures

As an international student, you will have to undergo several compulsory procedures to stay in Russia legally.

Please, visit <https://masu.edu.ru/en/apply/arrival/> for more information

# Stay connected

To always stay up to date and to easily make friends from the university, we recommend you to sign up at VK.com social network and download Telegram messenger. Don't forget to subscribe to:

- <https://vk.com/arctic.university> (MASU page)
- <https://vk.com/ob.masu> (Dorm page)
- [https://t.me/arctic\\_university51](https://t.me/arctic_university51) (Youth affairs division channel)

