According to paragraph 13, article 5 of the Federal Law "On the legal status of foreign citizens in Russian Federation" issued on July 25, 2002, foreigners arriving in Russia to stay for a period exceeding 90 days have to go through a state fingerprinting and photography procedure. To do so, foreign citizens have to undergo a medical examination first.

Once foreign citizen refuses to follow the procedure, the reducing of their period of stay in Russia will be considered.

International students have 90 days from arriving in Russia to go through the procedure.

Medical Examination Guidelines

First, prepare the following documents:

- Passport and its translation
- Residence registration
- Money in cash, preferably, to pay for the medical services

International students pay for all the necessary medical services.

We highly recommend students to have a bottle of water and snacks with you as waiting in line for your turn to see a doctor may take a while. It is also better to come to these medical institutions in advance to be among the first people in line.

International students should start medical examination in the following institutions **only in the given order**:

- 1. Murmansk Regional Healthcare Centre (blood test, HIV test) located at Admirala Lobova str., 10 (ул. Адмирала Лобова, 10). Working schedule: Monday until Friday, 08.00 12.00. Go to the Centre's reception and find the remote service unit to get an appointment card for 'Medical examination'. Then go to medical room 9 and wait for your turn. In the room, submit your documents, fill in the consent to personal data processing and pay for the services. The cost is 3700 rubles (cash only). There, attend the examination, do blood tests and receive the medical certificates.
- 2. Murmansk regional Anti-tuberculosis Dispensary (photofluorography and examination of TB specialist) located at **Chelyuskintsev str., 39** (ул. Челюскинцев, 39). **Working schedule:** Monday until Friday, 9.00 15.00, lunch break 12.00 13.00). Go to the Dispensary's reception desk (3rd floor), submit your documents, fill in the consent to personal data processing and pay for the services. The cost of the analysis and examination is 2100 rubles (cash or card). Then go the room 312, join the line of patients and wait for your turn. When in doctor's office, follow their instructions. **NB!** On the

second working day after visiting the Dispensary, come back to receive the medical certificate at the reception (2nd floor, 15.30 until 17.00). Then you should submit the received certificate to the Centre located at Lobova str., 10 (room 10, 9.00 until 17.00). There the medical staff will tell you the date when you should come back again and receive medical examination certificate (room 10, 13.00 until 16.00).

You can do the rest of the medical tests and examinations **only in the given order** on the same day or any other day:

- 1. Murmansk Regional Narcological Dispensary (express drug test using the sample of urine) located at **Geroyev Severomortsev prospect**, 3/2 (пр. Героев Североморцев, д. 3, корп. 2). **Working schedule**: Monday until Friday, 09.00 17.00. There is no need to make an appointment. Come to the Dispensary, join the line of patients, fill in the personal data processing consent (papers on the desk next to the medical room), and wait for your turn. Do the test following the medical staff's instructions and pay for the services. The cost is 1800 rubles (cash or card). The results and certificate will be ready in a few minutes, so that you can go to the next institution **after receiving them**.
- 2. Murmansk Regional Narcological Dispensary (psychiatrist and narcologist's examination) located at **Verhne-Rostinskoe road, 17A** (Верхне-Ростинское шоссе, 17A). **Working schedule:** Monday until Friday, 09.00 18.00. Come to the Dispensary's reception desk, submit your documents, fill in the necessary forms, e.g. personal data processing consent, and pay for the services. The cost of the examination is 600 rubles (cash or card). Then go to the medical room (you will be given its number at the reception desk) and follow the medical staff's instructions. After the examination, you receive a medical certificate.

All the certificates received during the medical examination are valid for 12 months.

NB! If you study at MASU **Apatity** or **Kirovsk Campuses** and registered in those cities, then you are to go through the fingerprinting and photography procedures in **Apatity** or **Kirovsk** accordingly.

Once you finished the medical examination, continue with the fingerprinting and photography procedures at the local Migration Office. The procedures are free of charge. Bring the received documents (4 medical certificates) and your passport, registration, migration card. The Migration Office in Murmansk carries the procedures on Wednesdays (09.00 - 13.00) and Fridays (09.00 - 13.00). The office is located at Dzerzhinskogo str., 5 (ул. Дзержинского, 5), room 10.